



HLC - Hybrid Learning Communities - Course 1

Physical education - "WHY do we do physical?"

The students makes a short video in groups (3-4) about a sport and understand the purpose of some of the physical education they receive.

The video can be sent to other students from other countries, and they reply with respons and feedback.

Introducing the course for the students.

The schedule shows, that the students needs to consider before filming the video.

pupils-checklist	- Why did you choose it?
	- How will you show it?
	- Background about the sport?
	- What are the physical benefits, and why is it importent
	for you/your body (depending on the classlevel of the
	student)?
	 What equipments do you need?
	 Are You talking in english or in your own langues?
	- Decide what digital editingtool you will use to edit.
Roles	- Videografer
	- Actor
	- Voiceover
	- Editor
Manuscriptmodel	- Introduction:
checklist	- An intro where you explaine the name of your sport
	- Tell the background of your sport
	- Practical showing:
	- Show the sport. How do you do it.
	- Benifits physological/anatomy
	- Outtro:
	- A statement to remember the video by

The students starts filming the video and then editing.

Finally the video must be uploaded in Teams, so students can see each other's videoes. You can see them all together or in groups, and then give feedback.